

May - June 2010



# ***Five Animal Martial Arts***

## **Curriculum**

### **Self- Defense Techniques**

Splintering the Branch (Kick)  
Disabling the Bear (Bear Hug)  
Darting Serpent (Straight Punch)  
Uprooting the Branch (Kick)  
Dismounting the Bear (Mount)  
Capturing the Mace (Round Punch)

### **Kata and Sets**

Stance Drill C  
Five Animal Tiger  
Tiger Crane 3 (Purple and Above)  
Snake Leopard 3 (Green and Above)

### **Special Dates and Events**

Patch Tournament: Saturday, May 22  
Memorial Day, May 31 (No Class)  
Friday, June 4 (School Closed)  
Rank Testing: Wednesday, June 30

### **Class Schedule and Fees**

#### **Class Times:**

Beginning Youth Karate  
Mon and Wed: 5:00 - 5:45

Advanced Youth Karate  
Mon and Wed: 5:45 - 6:30

Adult Karate:  
Mon and Wed: 6:30 - 7:30

**Tuition: \$50 per month**

Tuition is due at the first class attended of the month

Please make checks payable to  
**Michael Ernst**

#### **Testing Fees:**

Testing Fees are \$25 for the first student in a family, \$15 for each additional student.

Testing Fees are due prior to taking the test.